Milk HAUS
Wholefood CANTEEN
170 Woodstock Rd, Milton
P. 4455 7293
www.milkhaus.com.au
Situated in the Old Cheese Factory at Woodstock, this Wholefoods Cafe delivers fresh, honest, simple fare,free of toxins, preservatives. Private functions, factory hire and catering available. **BYO. OPEN Thur-Mon 8am-4pm.**

Pilgrims
Shop 8 + 9, The Settlement,
Princes Hwy, Milton
P. 4455 3421
pilgrimsmilton@gmail.com | Follow us on Instagram
Breakfast | Lunch | Dinner
Set in the heart of historic Milton, est. for 38 years. All food made on the premises daily using local,organic, homegrown ingredients. Tasty vegetarian meals - veggie burgers, home-made pies, Breakfasts, freshly squeezed juices, fruit smoothies and Single 'O' coffee. Vegan and gluten free options. Dine in the rear garden courtyard or soak up the village atmosphere on the footpath. Eat in or take-away. Fully Licensed.
OPEN Weekdays - 9am-3pm | Weekends - 8am-3pm | Mexican Dinners - Fri + Sat from 6pm.

DUKE & CO. Cafe
Shop 6, 41 Wason St. Milton
P. 0408 601 621
Find us on Facebook
This new kid on the block is a standout. Very good coffee backed up with great Breakfast and Lunch menu - serious about providing fresh local organic produce sourced locally. Dine Inside + Out. Very popular. **BYO. OPEN 7 DAYS 6am-3pm.**

Coast Cafe Milton
Shop 2, 107 Princes Hwy. Milton
P. 02 4454 0640
coastcafemiltonptyltd | @coastcafe_milton
Under new ownership since September 2017 Coast Cafe Milton is reclaiming its rightful place in Milton, housed in a unique 1874 heritage building featuring a large verandah room, open fire places, family and dog friendly garden courtyard with stunning views. The vibe is relaxed at Coast with a seasonal chef's menu including all day breakfast and daily specials. Proudly serving Toby's Estate coffee. Free Wi.Fi. Fully licensed. Available for private functions and events. **OPEN 7 DAYS 8am-4pm.**

MOLLYMOOK

Mollymook Fine Wines & Ales
Mollymook Shopping Cnt.
Cnr Tallwood & Jones Ave, Mollymook
P. 4454 2537
mollymookfwaa@bigpond.com | www.mollymookfinewinesandales.com.au
Our little shop will excite wine, beer and cider lovers and our reasonable prices will surprise you! **We go to great lengths** to stock an excellent range of Australian and imported wines, locally produced, organic and preservative free wines and spirits. We also range a number of craft beers and ciders. Wine-lovers will enjoy exploring our ever-changing shelves. We know our product and are happy to advise on your selection. We specialise in wine-catering for all occasions and events.
Free delivery Monday to Saturday - 9am-7pm, Sunday - 10am-6pm.
Extended Summer trading hours. OPEN 7 DAYS.

Woodburn Deli
Mollymook Shopping Cnt,
Tallwood Ave, Mollymook
P. 4454 2715
Produce | Gourmet | Homemade Cake | Deli Meats | Quiche | Coffee | Sandwiches | Daily Baked Muffins
Home made almost everything, ice-cream, cakes, pastries, savouries, quiche, salads, sandwiches, cheese, deli meats, fresh juice, smoothies, coffee, take-home meals, platters, picnics. A 'real deli' with wholesome Mediterranean flavours. **OPEN 7 DAYS.**

Bannisters Pavilion
87 Tallwood Ave. Mollymook
P. 4455 3044
Broad rooftop lined with sun beds, private lounge spaces, bar-and-grill, suspended pool. Rooftop's menu inspired by Mediterranean, Southern Californian and Mexican cuisines with seasonal cocktails, craft beers and great wine list.
OPEN 12pm daily.

Rick Stein at Bannisters & Bannisters Pool Bar
Nth. Headland. Mollymook Beach, 1919 Mitchell Pde. Mollymook
Restaurant - P. 4454 1933 | Office - P. 4455 3044
www.bannisters.com.au
Amazing position - overlooking ocean. Good simple food.
Restaurant - Breakfast daily | Lunch Wed, Sat + Sun | Dinner Wed-Sun from 6pm.
Fully Licensed. Bookings.
Bannisters Pool Bar - Enjoy cocktails and pizza from 6pm. OPEN 12pm Daily.

Tallwood Eatery
Shop 2, 85 Tallwood Ave, Mollymook Beach
P. 4455 5192
www.tallwoodeat.com.au
Like us on Facebook | Follow us on Instagram
Using seasonal, locally sourced, high quality produce, Tallwood offers a share dining experience with a modern Australian menu. Serving honest unpretentious food, eclectic wine and craft beer in a relaxed dining atmosphere. Fully Licensed.
Off Peak COFFEE - Sat + Sun 7am-12pm | BREKKY - Sat + Sun 8am-11.30am.
DINNER - Thurs-Mon 6pm-9.30pm.
Peak COFFEE CART - 6.30am-12pm | BREKKY - 8am-11.30am | DINNER - 5pm-9.30pm.
Please check our website for PEAK + OFF-PEAK dates

The guild – Italian Restaurant
Shop 3 + 4, 65 Princes Hwy, Milton
P. 4454 5143
www.italianguild.com
Like us on Facebook | Reviews on Tripadvisor
A young Italian restaurant with traditional family recipes using local produce and imported Italian goods. Specialties include; wood-fired pizzas (48-hour rested dough), hand-made pasta, truffle and local seafood dishes. Extended wine list (Italian + Australian), craft tap beer and cocktails. Signature coffee in a quiet and modern setting. Passion for real food is the keystone of The guild. Bookings recommended.
OPEN - Tues-Sun | Check website for opening hours – www.italianguild.com
Extended hours school holidays + warmer months.

Cupitt's
Restaurant | Winery | Brewery | Fromagerie | Cottage Stay
58 Washburton Rd, Ulladulla
P. 4455 7888
info@cupitt.com.au | www.cupitt.com.au
The Cupitt Family operate a working farm and make boutique wines, craft beer and artisan cheese just minutes from Ulladulla Harbour. Cupitt's Kitchen is an award-winning restaurant with spectacular views that encompass the Estate Vineyard, Burrill Lake and Budawang Ranges. In an unforgettable setting, it offers farm to table dining showcasing specialities grown on site and some of the South Coast's best produce. Cupitt's handcrafted wine, beer and cheese, along with locally roasted coffee all feature on our casual bar menu which is available outside on the deck. Behind the scenes tours run Wed-Sun at 11am (bookings essential). Live Music every Sunday.
OPEN - Lunch Wed-Sun from noon | Dinner Fri-Sat from 6pm.Extended Trading during Summer Holidays.
CELLAR DOOR - OPEN for Tastings and Sales - Wed-Sun 10am-5pm.
CASUAL BAR MENU - available Wed-Sun

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PO Box 421, Ulladulla 2539
www.bestshoppinganddining.com | bestshoppinganddining@gmail.com
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mail@goodbooks.net.au | www.harbourbookshopulladulla.com
Located conveniently in Rowen's Arcade this Bookshop and ABC Centre has an amazing collection of great books, carefully selected to suit a diverse range of readers. Discover the latest in music, vinyl LP's, DVD's, toys and audio books. Happy to order in that special gift.
Harbour Publishing House - www.harbourpublishing.com.au
This dynamic team is dedicated to creating and promoting exciting literature.

GO VITA Health Nutrition Centre
Your Health Shop
Shop 16 Rowens Arcade, Ulladulla
P. 4455 3565
Your vitality….our passion…. 'Expect advice from the people who know'
Full range of supplements, Sports Proteins, Gluten and Dairy free products. Dried Fruit + Nuts, Raw Honey, Fresh Peanut Butter. Water Filters and Natural Bodycare.
OPEN 6 DAYS.

Sachi Boutique
Shop 3, 274 Green St, Ulladulla
P. 4455 2544
sachiboutique@bigpond.com
Visit this stylish store and see why **'everyone loves Sachi'**. Enjoy beautiful women's clothing presented with gorgeous jewellery, handbags, candles and gifts. Elk, One Season, Mesop, Frockk, Eb & Ive, Ridley, Holiday, Conchita, Louenhide, Dusky Robin, Palm Beach.
OPEN 6 DAYS | 7 DAYS September to April.

Native
Shop 2, 84 Princes Hwy. Ulladulla
P. 4455 4789
Fresh healthy Breakfast + Lunch options. Soak up Ulladulla harbour views.
Eat-in or take-away. Delicious wholefoods with coffee and more.
OPEN 7 DAYS | Mon-Sat 6.30am-4pm | Sun 6.30am-2pm.

Yes I Am Thai Restaurant
Shop 5, 22-24 Wason St. Ulladulla
P. 4454 2889
Very good Thai food serving a variety of traditional dishes with a modern spin on favourites. Generous servings - the place to go for a casual meal or special event. BYO.
OPEN 7 DAYS - Lunch + Dinner.

The Treehouse Cafe
4 Boree St, Ulladulla (near Ulladulla Theatre)
P. 4455 3991
ulladullatreehouse@gmail.com
The Treehouse Cafe Ulladulla | the treehousecafe
Fresh Healthy Wholefoods - Offers Daily Breakfast, crafted lunch bowls, burgers, and cakes all made in house from the freshest locally sourced produce. specialises in a wide range of dietary requirements including gluten free, dairy free, vegetarian and vegan. 'Art of Espresso' organic direct trade coffee. Eat-In or Take-Away. Monthly themed Dinners. BYO
OPEN 6 DAYS - Mon-Fri 7.45am-3.30pm | Sat 7.45am-3pm (OPEN 7 DAYS - all main holiday periods)

Maverick Coffee Roasters
Shop 8, 171 Princes Hwy. Ulladulla (Inside the Homemakers Cnt.)
www.beanhunter.com
facebook.com/maverickcoffeeroasters | @maverickcoffee
Award-winning coffee roastery open to the public in the mornings. Serving two blends and a rotating single origin coffee along with filter, cold brew coffees and small selection of baked goods. OPEN Mon-Sat 7.30am-1.30pm | Sun 8.30am-12.30pm.

The Bay Leaf Cafe
Authentic Indian Restaurant
16 Wason St. (next to Marlin) Ulladulla
P. 4454 5208 | 0468 748 184
A la carte authentically flavoured Indian cuisine where the food is consistently good. Locals love the laid back atmosphere right in the centre of town.
Home delivery. BYO. Fully Licensed.
OPEN 7 DAYS - Dinner | OPEN - Lunch Tues-Sat.

BURRILL LAKE

The Fish Shop
Princes Hwy, Burrill Lake
P. 4455 1906
Find us on Facebook | Follow us on Instagram
The locals know that this is definitely **'the best fish + chips'** in this area. Fresh and cooked local fish, all boneless. Local prawns and lobsters when available. We cook using the best cholesterol free and transfat free oil. Ample parking.
OPEN 7 DAYS - Fri + Sat 11am-7pm | Rest of week - 11am-6.30pm. Ext. summer hours.

MILTON

Sarah Gabrielle
Shop 2, The Gatehouse
61 Princes Hwy, Cnr. Myrtle & Princes Hwy, Milton
P. 4454 5700
Treat yourself to the Sarah Gabrielle experience.
Casual | Resort | Racewear | Bridesmaid | Evening | Formal
Accessorise with handbags, jewellery, belts, shoes, hats, fascinators and hosiery.
Proud stockist of Napoleon Perdis cosmetics.
Amazing fashion - Incredible service - Relaxed ambience. OPEN 7 DAYS.

Cashmere Essentials
'The Gateway', Shop 2, 65 Princes Hwy, Milton
P. 1300 133 199
sales@cashmereessentials.com | www.cashmereessentials.com
100% Pure Cashmere - Australian owned and designed features products that are soft, light and warm. From chic capes, cardigans, oversize jumpers, polos and ponchos, scarves, accessories and men's pullovers. Natural pearl and stone jewellery.
OPEN 7 DAYS - Tues-Sat 9am-4.30pm | Sun-Mon 10am-4pm.

Wild Ivy Milton
Shop 6, The Settlement, Princes Hwy, Milton
P. 4454 5463
wildivymilton@gmail.com | www.shopwildivymilton.com
Find us on Facebook
Stand out range of jewellery including Najo, Sybella, Nikki Lissoni and Israeli Jewellery. Handbags, Homewares, Clothing and Rainwear. Home of Upstate! Contemporary gifts with a difference. OPEN 7 DAYS.

The Summer People
Shop 3, Mellick's Cnr, Milton
P. 0431 940 499
Showcasing contemporary style in furniture, art and beauty. This boutique showroom offers something for all ages. Choose from contemporary Australian art, luxurious French bed linen, new and vintage furniture, casual fashion, range of Levis jeans, French espadrille shoes. OPEN 7 DAYS.

Beauty Indulgence Day Spa
29 Church St. Milton
P. 4455 1192
www.beautyindulgencemilton.com
At Beauty Indulgence Day Spa relax with a choice of customised facials, enjoy a Pedicure in our luxurious recliner chairs, or a massage with your loved one in our couples room. Book a group of friends and enjoy the privacy of the whole house for the complete indulgent experience. Stockists of Youngblood Mineral makeup and Dermalogica skincare.
OPEN Tues-Sat | Sun + Mon by appointment.

Spaces2538
Shop 2, 91 Princes Highway, Milton
P. 4455 4026
@Spaces2538
Dive in to a feather filled cushion lovers dream. Embrace every shopping moment, taking in gorgeous candle aromas, luxury linen pieces and one of a kind reclaimed statement furniture.
OPEN 7 DAYS Mon-Sat 9.30am-4pm | Sun 10am-3pm.

MILTON IGA LIQUOR
84-88 Princes Hwy, Milton
P. 4455 1233
Bottle Shop - Discover fine Australian wines, bulk vintage port and imported beer. Party needs catered for. Friendly helpful staff are on hand to provide assistance. All major credit cards. Eftpos accepted. ATM on premises. **Deli** - Extensive Deli with choice of meats, gourmet cheeses, salads, sun dried tomatoes, olives, BBQ chickens, potato bake, cooked chicken nibbles.
Gourmet Butcher - in store - 7 DAYS
OPEN 7 DAYS | Sat-Thu - 7.30am-8pm | Fri - 7.30am-9pm.

Something's Brewing
Specialty Tea, Coffee, Accessories & Devonshire Tea
Shop 9, The Chambers, 23 Wason St. Milton
P. 4455 6996
www.somethingsbrewing.com.au
Something's Brewing is a specialty tea and coffee retailer in Milton. We stock over 130 premium loose leaf teas, award winning coffee, organic hot chocolate and a large range of tea and coffee accessories.
SHOP OPEN Mon-Fri 9am-5pm | Sat 9am-4pm | Sunday + Public Holidays 10am-3pm.
Devonshire Teas available Wed-Sun 10am-3pm.

Woodstock Chocolate Co.
Shop 6, 23 Wason St. Milton
P. 0458 652 280 | 0400 937 614
www.woodstockchocolateco.com | Woodstock Chocolate Co.
Hand-made by Artisan chocolate maker using the highest grade Belgian chocolate combined with the finest ingredients. Fabulous for events - business - weddings - parties - **or a chocolate hit!! The Pines Gelato** - locally made gelato. OPEN 7 DAYS.

Susie's Kitchen at Milton
& Sue May Lea Cooking School
Shop 3, 105 Princes Hwy. Milton
P. 4454 2042 | 0414 773 213
suemaylea@tpg.com.au | www.suemaylea.com.au
Delicious Home Cooking to go | Meals for One or for the Family Meals, curries, pies, quiche and soups. Desserts, tarts, cakes, biscuits. Plenty of gluten-free options. Orders welcome. Coffee to go or stay in. OPEN Mon-Fri 9am-6pm. **Saturday Cooking School**.
Sue May Lea Cooking School - Adults - French Provincial, Italian, Indian, Asian, Moroccan, Spanish, Persian, Vietnamese, Vegetarian, Basic, Advanced, Cakes + Pastry etc.
Classes - Saturday afternoons. **Kids** - After school + school holidays.