

PILGRIMS

Shops 8–10, 97 Princes Hwy. Milton
P. (02) 4455 3421 |  @pilgrimswholefoods
www.pilgrimswholefoods.com.au

Iconic vegetarian eatery. Serving the community since 1980. Well known for its veggie burgers, homemade pies, fresh juices, wholesome brekkies and great coffee. Vegan + Gluten free options. Rear garden courtyard or soak up the village on the Milton footpath.

Eat-in + Take-away.

OPEN 7 DAYS | Mon – Sun 9am–3pm.



MILK HAUS

170 Woodstock Rd. Milton
P. 0409 158 167 |  @milkhausmilton

Cafe + Kitchen Garden + Accommodation + Retail Pop-up.

With a warm, country charm, the beloved Milk HAUS precinct is home to a well-known farm-to plate venue. It's a laid-back, welcoming spot for breakfast, lunch, events, or a cozy overnight stay. Wander through the on-site kitchen garden, stop by the eatery, and browse the thoughtfully curated retail spaces while you're here. [Fully Licensed.](#)

OPEN 5 DAYS | Thurs – Mon 8.30am–3pm.



SALT & SPENCER

Lower level - 72 Golf Ave. Mollymook
P. (02) 4455 1911 |   @saltandspencermollymook
www.mollymookgolf.com.au/salt-and-spencer

Step off the sands of South Mollymook Beach and into Salt & Spencer — Open for breakfast and lunch by the sea. Enjoy fresh coffee, light bites, and signature cocktails, all while soaking up ocean views through our open-air windows. With breezy indoor-outdoor spaces, live music, and events, it's the perfect place to unwind. Pet-friendly and [Fully Licensed.](#)

OPEN 7 DAYS | Mon – Fri 7am–2pm | Sat + Sun 7am–2pm.



BEACHSIDE BISTRO

Upper level - 72 Golf Ave. Mollymook
P. (02) 4455 1911 |   @mollymookgolf
www.mollymookgolf.com.au

Views of beautiful Mollymook Beach that go forever! Popular as a meeting place, to relax with friends and family to enjoy extensive menu options. This expansive club has a bar and dining area large enough to enjoy any occasion. [Fully Licensed.](#)

**OPEN 7 DAYS | Mon - Sun | Lunch 12noon-2pm
Dinner 5.30pm-8.30pm.**



THE BAY LEAF AUTHENTIC INDIAN RESTAURANT

16 Wason St. Ulladulla
P. (02) 4454 5208 |   @the_bay_leaf_ulladulla
www.ulladullabayleafindian.com.au

Seriously good Indian food, served up by the established family team showcasing a lineup of real Indian fare.

BYO + [Fully Licensed.](#)

OPEN 6 DAYS | Lunch + Dinner | Mon 4.30pm-8.30pm

Wed – Sun | Lunch 11.30am–2.30pm + Dinner 4.30pm–8.30pm.



HARBOUR HOUSE ULLADULLA

81 Princes Hwy. Ulladulla
P. (02) 4415 6116 |   @harbourhouseulladulla
www.harbourhouseulladulla.com.au

Indulge in fine foods and drinks at this stylishly cosy venue, this historic landmark, being 'Millards Cottage'. The changing menu showcases flavours using fresh produce to produce something different to come back to. [Fully Licensed.](#)

OPEN 4 DAYS | Dinner Thurs - Sun from 5.30pm

Lunch Sat + Sun from 12noon.



THE PRICKLY PEAR RESTAURANT MILTON

Shop 11 'The Settlement' 97 Princes Hwy. Milton
P. (02) 4454 3082 |   @pricklypear_milton
www.pricklypearmilton.com.au

In the heart of Milton's Settlement is the Prickly Pear Restaurant. Family owned + run, a passion for seafood and Mediterranean style flavours. Newly renovated space – warm service where everyone feels comfortable and walks out the door with full bellies and smiles on their faces. Daily specials and vegetarian dishes always available. Many wine, beer, spirits and delicious cocktail options. [Fully Licensed.](#)

OPEN 4 DAYS | Lunch Thurs - Sat 12noon-2pm

Dinner Wed – Sat from 5.30pm.



BAAR BAAR MILTON

Shop 3, 65 Princes Hwy. Milton
P. 0460 880 188 |  @baarbaarmilton
www.baarbaarmilton.com.au

Discover the soul of Indian cuisine – where cherished traditions meet bold reinvention. From classic favourites to creative twists, every bite at Baar Baar tells a delicious story and brings you back!! [Fully Licensed.](#)

OPEN 6 DAYS | Lunch + Dinner | Lunch Fri, Sat + Sun 12noon–2pm

Dinner Tues – Thurs 5pm–9pm | Fri + Sat 5pm–10pm | Sun 5pm–9pm.



MILTON HOTEL

74 Princes Hwy. Milton
P. (02) 4454 0727 |   @the.milton.hotel
www.themiltonhotel.com | info@themiltonhotel.com

Cold beer on the deck, a whiskey in the lounge or a Saturday feed.

Live music, beer garden, wine lounge. [Fully Licensed.](#)

OPEN 5 DAYS | Wed – Thurs from 3.30pm

Fri - Sat from 12pm | Sun 12pm-4pm.



CARLOS ITALIAN RISTORANTE BAR & SEAFOOD

18 Wason St. Ulladulla
P. (02) 4455 2443 |  @carlos_italian_bar_and_seafood
www.tonysbarandseafood.com.au

Award winning restaurant serving classic Italian traditional food with a modern twist + state of the art Cocktail Bar. Very good with a mix of Italian Pizza and Seafood. Open area for private small and large groups. [Fully Licensed.](#)

OPEN 6 DAYS | Lunch + Dinner | Tues – Sun | Sun Lunch only

Lunch 11am–1.30pm | Dinner from 5.30pm | Closed Mon.



ALTAR WINE BAR

71 Croobyar Rd. Milton
P. 0408 514 156 |   @altarwinebarmilton
www.altarwinebarmilton.com.au

Set in the green gardens of The Old Church at Milton, Altar Wine Bar offers a selection of Australian and International wine, cocktails and beers alongside a modern, seasonally inspired menu designed to showcase the best of local produce. The secret garden setting, with live music every Fri, Sat + Sun, in a central Milton location, makes it the perfect spot to unwind with family and friends. [Fully Licensed.](#)

OPEN 3 DAYS | Fri 2pm-8pm | Sat + Sun 12noon-8pm

Christmas extended hours.



BANNISTERS PAVILION ROOFTOP BAR & GRILL

87 Tallwood Ave. Mollymook
P. (02) 4454 7400 |  [www.worldsapart.club/bannisters/pavilion/dining/rooftop-bar-and-grill](#)
info@bannisters.com.au

Choose relaxed dining in the treetops of Mollymook. Delicious light bites, salads, stunning burgers, steaks and sides. The Rooftop's seasonal menu has something for everyone, great for an afternoon cocktail. [Fully Licensed.](#)

OPEN 7 DAYS | Mon – Sun | Lunch + Dinner.



RICK STEIN AT BANNISTERS

191 Mitchell Pde. Mollymook
P. (02) 4454 7400 |  @ricksteinatbannisters
www.worldsapart.club/bannisters/by-the-sea/dining/rick-stein
info@bannisters.com.au

Incredible seafood, simply prepared. The finest locally sourced seafood from ocean to plate every day. [Fully Licensed.](#)

OPEN 7 DAYS | Dinner Mon - Sun | Lunch Sat - Sun.



CUPITT'S ESTATE

58 Washburton Rd. Ulladulla
P. (02) 4455 7888 |   @cupittsestate
www.cupittsestate.com.au | info@cupitt.com.au

Wine, Dine + Stay

Just minutes from Ulladulla Harbour and Mollymook Beach, Cupitt's Estate is a family-owned winery, restaurant and boutique accommodation destination. Set among rolling vineyards, it's a place where great wine, seasonal food and relaxed South Coast hospitality come together. Enjoy long lunches or dinners overlooking the vines, explore award-winning wines through tastings and guided tours, or settle in with live music and a glass in hand. Unwind in one of our luxury villas, designed for slow mornings and unhurried stays. Visit our website for menus, events and bookings. [Fully Licensed.](#)

Wine Tastings | Dining | Accommodation | Live Music

OPEN 7 DAYS | Cellar Door: 11am–5pm

Restaurant + Outdoor Dining: From 11am daily.



SCAN HERE TO VIEW GUIDES ONLINE

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robin@bestshoppinganddining.com.au

BEST

SHOPPING DINING + WINE

MILTON MOLLYMOOK ULLADULLA + ABOUT



HARBOUR BOOKSHOP ULLADULLA

Shop 5, Rowen's Arc. Ulladulla
P. (02) 4454 4044 |   @harbourbookshopulladulla_ www.harbourbookshop.com.au | mail@goodbooks.net.au

Located conveniently in Rowen's Arcade, Ulladulla, this Bookshop holds a well-deserved reputation for stocking an impressive selection of books to suit a diverse range of readers. In addition, discover the latest in toys, games, puzzles, and gifts. Our friendly, knowledgeable team are happy to help you find the right book and can order in that special gift.

OPEN 6 DAYS | Mon - Fri 9am-5pm | Sat 9am-1pm.
Check for longer summer trading hours.

GO VITA HEALTH NUTRITION CENTRE

Shop 16 Rowens Arc. Ulladulla
P. (02) 4455 3565 |   @govitaaustralia
info@govitaulladulla.com

Your vitality.....our passion..... Expert advice from the people who know. Full range of supplements, sports proteins, gluten and dairy free products. Dried fruit + nuts, raw honey, fresh peanut butter. Water filters and natural bodycare.

OPEN 6 DAYS | Mon - Fri 9am-5pm | Sat 9am-1pm.

SACHI BOUTIQUE

Shop 17, 107-109 Princes Hwy. Ulladulla
P. (02) 4455 2544 |   @sachiboutique

Explore modern day fashion essentials from Elk, Oneseason, Eb&lve, Philosophy, Goondiwindi, Shanty, Holiday, Humidity and Lou Lou. Jewellery from Petals, Fabienne, Tiger Tree. Leather from Dusky Robin and Elk. Home fragrance and body products from Palm Beach Collection and Myrtle & Moss. Giftware from Koh Living and Ogilvies Designs.

OPEN 6 DAYS | 7 DAYS Sept - April.

BEAUTY INDULGENCE DAY SPA

29 Church St. Milton
P. (02) 4455 1192 |  @beautyindulgencemilton
www.beautyindulgence.com.au

Beauty Indulgence is the perfect escape from everyday stresses. Relax with a choice of customised facials, enjoy a Pedicure in our luxurious recliner chairs, or a massage with your loved one in the couples room. Book a group of friends and enjoy the privacy of the whole house for the complete indulgent experience. Eye of Horus + Youngblood make-up, Pure Fiji body range and Dermalogica skincare.

OPEN 5 DAYS | Tues 10am-3pm | Wed - Fri 9.30am-6pm
Sat 9.30am-4pm | Sun + Mon by appointment only.

SHOALHAVEN FOOD NETWORK

www.shoalhavenfoodnetwork.com.au
info@shoalhavenfoodnetwork.com.au

Whether you are exploring the Shoalhaven for the first time or chasing your next great food experience, the Shoalhaven Food Network is your guide to the region's most memorable flavours. With hatted restaurants, casual cafes, boutique wineries, providores, producers, makers, and hidden local gems, SFN brings together everything worth tasting. Become a Shoalhaven Foodie and never miss an event. See their website for details.

SPACES 2538

Shop 1, 103 Princes Hwy. Milton
P. (02) 4455 4026 |   @spaces.2538

This space is brimming with an ever-changing collection of homewares. Dive into a feather filled cushion lover's dream, an array of quality candles, furniture, art, bodycare, stoneware and an amazing range of linen bedding.

OPEN 7 DAYS | Mon - Fri 9.30am-4pm | Sat 9am-4pm | Sun 9.30am-3pm.

SARAH GABRIELLE

Shop 2, The Gatehouse, 61 Princes Hwy.
Cnr. Myrtle + Princes Hwy. Milton
P. (02) 4454 5700 |   @sarahgabriellemilton
www.sarahgabrielle.com.au

Casual + Resort + Evening + Formal.

Treat yourself to the Sarah Gabrielle fashion experience. All the accessories and shoes to match. Amazing fashion – incredible service. Relaxed ambience.

OPEN 7 DAYS | Mon - Fri 10am-4.30pm
Sat 10am-4pm | Sun 10am-3pm.

THE WONDERING MIND

Shop 9A 'The Settlement' Milton
P. 0423 207 420 |  @thewonderingmindmilton
www.thewonderingmind.com.au

Expand your wondering mind with our unique selection of new and preloved books, greeting cards, stationery, games and puzzles, art and gifts. Enjoy browsing in our beautiful new space or take a moment to relax in a cozy chair with a book.

OPEN 5 DAYS | Thurs - Mon 10am-3pm.

MILTON IGA PLUS LIQUOR

84-86 Princes Hwy. Milton
P. (02) 4455 1233 |   @miltonigaplusliquor

Bottle Shop - Discover fine Australian wines with a constant update on the latest from across the country, spirits, champagnes, bulk vintage port + imported beer. Events large or small catered for.

Deli - Meats, cabinet showcasing gourmet cheeses, salads, BBQ chickens, salamis, cold meats, olives, sundried tomatoes.

Gourmet Butcher – Quality products in store.

OPEN 7 DAYS | Mon - Sat 7.30am-8pm | Sun 8am-7.30pm.

OCEANVIBE CAFÉ

Shop 1, 92 Princes Hwy. Ulladulla
P. (02) 4480 4111 |   @oceanvibeulladulla

The views are still fantastic overlooking the iconic Ulladulla Harbour. Perfectly placed to start the day – Perfect venue for weddings + functions. Inside comfort or stunning views from the balcony + lawn area where there is plenty of room for dogs. [Fully Licensed.](#)

OPEN 7 DAYS | Mon - Sun | Breakfast 7.30am-11am
Lunch 11.30am-2.30pm.

WOODSTOCK CHOCOLATE CO.

Shop 1, 92 Princes Hwy. Milton
P. (02) 4454 8030 |   @woodstockchocolateco
www.woodstockchocolateco.com

Handmade by Artisan chocolate maker using the highest grade Belgian chocolate combined with the finest ingredients. Fabulous for events, business, weddings, parties or a chocolate hit!!

OPEN 7 DAYS | Mon - Sun 10am-4pm | Winter closed Monday.

M@41 BOUTIQUE

Shop 2, 41 Wason St. Milton
P. 0448 591 415

M@41 is a boutique nestled into the charm of Milton, offering style and special pieces to women, the concept of the store is 'less is more' investing in beautiful pieces that provide longevity! Carefully curated collections from Australian, New Zealand and Italian designers, complemented by jewellery, shoes, bags and fragrance.

OPEN 5 DAYS | Tues - Sat 10am-4pm | Closed Sun + Mon.

BUNDANON

170 Riversdale Rd. Illaroo
P. (02) 4422 2100 |  @bundanontrust
www.bundanon.com.au

Discover world-class art, architecture, guided tours, talks, workshops, bush walks and dining, across a diverse landscape. Journey to the Homestead and Arthur Boyd's Studio for a glimpse into the story of the Boyd family. RAMOX CAFE | Located at the Art Museum site – featuring a seasonal menu by Executive Chef Douglas Innes-Will, using quality produce sourced from the surrounding Shoalhaven region. [Fully Licensed.](#)

Art Museum: Wed - Sun 10am-4pm.

Ramox Cafe: Wed - Sun 10am-3pm.

Homestead + Arthur Boyd's Studio: Sat - Sun 10am-4pm.

Homestead Kitchen: Sat + Sun 10am-3pm.

NATIVE

Shop 2, 84 Princes Hwy. Ulladulla
P. (02) 4455 4789 |   @nativeharbourview
Breakfast + Brunch + Lunch + Dinner

Native is a coffee institution for good reason – very good coffee. Fresh, healthy breakfast + lunch options. Soak up the Harbour views. Eat-in + take-away. Where the locals + visitors like to gather.

Dinner menu a-la-carte and specialising in fresh seafood options simply cooked. Functions – catering for up to 100 people.

Cafe: OPEN 7 DAYS | Mon - Sun 6am-2.30pm

Dinner: OPEN 3 DAYS | Thurs - Sat 5pm-8.30pm.

MAVI GELATI

22 Wason St. Ulladulla
P. 0400 311 577 |   @mavigelati
www.mavigelati.au | enquiries@mavigelati.au

Experience the magic of handcrafted gelati, churned fresh daily in our Ulladulla store. With many flavours inspired by Mediterranean tradition, every scoop is pure bliss. From classic favourites to weekly specials, there's always something new to enjoy. Pair it with a refreshing drink or an acai and treat yourself to the sweetest delight. Try it! Because tasting is believing.

OPEN 7 DAYS | Mon - Sun 12noon-8pm | Check Google.

GOOD TIMES MOLLYMOOK

Shop 12A, 80 Tallwood Ave. Mollymook
By the Phone Box |   @goodtimescafe

Seriously good coffee and a focus on delicious drinks – locally owned and family operated, this new kid on the block has already written itself as 'the place to go for good coffee and good times'. Serving SingleO specialty roasts.

OPEN 7 DAYS | Mon - Sun 6.30am-1pm | Public Holidays 7am-11am.
Check Instagram + Google for hours.

HAYDEN'S PIES

Shop 2, 166 Princes Hwy. Ulladulla
P. 0493 835 879 |   @haydens.pies
www.haydenspies.com.au | enquiries@haydenspies.com.au

Hayden's Pies was established in 2003 by Hayden and his Mum. Driven by a passion to produce delicious pies with quality ingredients, Hayden's Pies has grown from a small family business to a South Coast destination. Along with their commitment to make everything themselves, Hayden's Pies is a must stop for anyone visiting or passing through the area. Do not let the queue deter you, this well-oiled machine will have you in, out and on your way in no time!!

OPEN 7 DAYS | Mon - Sat 6am-5pm | Sun 8am-4pm.

TANOSHI JAPANESE RESTAURANT

Shop 4, Ulladulla Plaza
107-109 Princes Hwy. Ulladulla
P. 0484 223 743 |   @tanoshiulladulla

Extraordinary food at unbeatable prices – authentic sushi and sashimi including Wagyu Beef Roll, Nasu Dengaku, Spider Roll, Teriyaki Chicken to name just a few. [Fully Licensed.](#) BYO (wine only).

OPEN 5 DAYS | Tues - Sat 11.30am-2.30pm | Dinner 5pm-8pm.

THE FISH SHOP

Princes Hwy. Burrill Lake
P. (02) 4455 1906 |   @thefishshopburrilllake

The locals know that this is definitely 'the best fish + chips' in the area. Fresh and cooked local fish, all boneless, local prawns + lobsters when available. We cook using the best cholesterol free and transfat free oil. Ample parking.

OPEN 7 DAYS | Fri + Sat 11am-7pm | Sun - Thurs 11am-6.30pm.
Ext. summer hours.